



## Student Counselling Cell

### Objectives

- 1. Academic Support:** One of the primary objectives of a student counselling cell is to provide academic support to engineering students. This includes assisting students in understanding and selecting their courses, helping them manage their study schedules, providing guidance on improving study skills, and offering tutoring or mentoring programs to enhance academic performance.
- 2. Personal Guidance:** The counselling cell may offer personal guidance and counselling services to students. This can involve addressing personal issues such as stress, anxiety, depression, homesickness, relationship problems, and other emotional or psychological concerns. The aim is to provide a safe and confidential space for students to discuss their problems and receive guidance from qualified professionals.
- 3. Career Counselling:** Another important objective is to provide career counselling and guidance to engineering students. This involves helping students explore various career paths, understand the job market, develop their resumes and interview skills, and make informed decisions about their future careers. The counselling cell may organize workshops, seminars, and career fairs to facilitate this process.
- 4. Skill Development:** The counselling cell may focus on enhancing students' overall skill sets. This can include organizing workshops and training sessions on communication skills, leadership development, time management, teamwork, and other essential skills that are beneficial for both personal and professional growth.
- 5. Stress Management:** Engineering students often face high levels of stress due to academic pressures and demanding coursework. The counselling cell may conduct stress management programs, relaxation techniques, and mindfulness sessions to help students cope with stress effectively. They may also provide resources and referrals for additional support if required.
- 6. Conflict Resolution:** Resolving conflicts and promoting a healthy campus environment is another objective of a student counselling cell. This can involve mediating conflicts between students, addressing issues related to bullying or harassment, and promoting a culture of inclusivity and mutual respect within the college community.
- 7. Awareness Programs:** The counselling cell may organize awareness programs on various topics relevant to students' well-being, such as mental health, substance abuse, sexual

harassment, gender equality, and other social issues. These programs aim to educate students and create a supportive and inclusive campus environment.

**8. Referrals and Networking:** The counselling cell may establish connections and collaborations with external resources such as mental health professionals, career counsellors, or support organizations in the community. This allows them to provide appropriate referrals and access to specialized services when needed.

#### **Members (Faculty)**

<b>S.No</b>	<b>Name of the Faculty</b>	<b>Position</b>	<b>Phone Number</b>	<b>Full Address</b>
1.	Dr.J.Sundararajan	Principal / Chairman	9488806145	AVS Engineering College, Military Road, Ammapet, Salem
2.	Dr.R.Viswanathan	Member / Coordinator	9976729569	Department of Mechanical Engineering AVS Engineering College, Military Road, Ammapet, Salem
3.	Dr.D.R.Joshua	Member	7200008770	Department of Mechanical Engineering AVS Engineering College, Military Road, Ammapet, Salem
4.	Dr.V.Vijayakumar	Member	9944020804	Department of Computer Science and Engineering AVS Engineering College, Military Road, Ammapet, Salem
5.	Dr.P.Umarani	Member	9443225675	Department of Science and Humanities AVS Engineering College, Military Road, Ammapet, Salem
6.	Mr.K.Saravanan	Member	9865812444	Department of Science and Humanities AVS Engineering College, Military Road, Ammapet, Salem
7.	Mrs.R.S.Ramya	Member	9865146178	Department of Electronics and Communication Engineering AVS Engineering College, Military Road, Ammapet, Salem
8.	Mrs.K.Ambika	Member	9943092027	Department of Artificial Intelligence and Data science AVS Engineering College, Military Road, Ammapet, Salem

9.	Mr.G.Janarthanan	Member	9750531487	Department of Civil Engineering AVS Engineering College, Military Road, Ammapet, Salem
10.	Dr.D.Ravishankar, MD (Psychiatrist)	Member / Counsellor	9677777198	G V Medical Centre, 2 <sup>nd</sup> Agraharam, Salem

### Members (Student)

S.No	Name of the Student	Year / Branch
1.	S.Karthi	IV / MECH
2.	S.Rakshana	III / ECE
3.	Ezhil Savier	II / AI & DS
4.	M.Raja	III / EEE
5.	Divya Dharshini	III / CSE
6.	Ajmal	IV/ CSE
7.	R.Sriram	II / CIVIL
8.	Nisanam Asha	I / BME
9.	Hey Ram	I / CSE
10.	A.Pavithra	I / ECE
11.	M.Guruprasanna	II / MBA
12.	C.Salma	I / MBA
13.	Mounika	II / MECH

**Term: Two Years**